



Government of Jammu & Kashmir
Government College of Physical Education Gadoora Ganderbal

گورنمنٹ کالج آف فزیکل ایجوکیشن گادورا گاندربل

Website: www.jkcope.edu.in

Email: ggcpe@jkcope.edu.in

Ph No.: 0194-2951795

Time Table for Theory Classes for B.P.Ed Semester-I Session 2026 w.e.f 16-02-2026

Day	1 st Period 10:30 am - 11:15 am	2 nd Period 11:15 am - 12:00 pm	3 rd Period 12:00 pm - 12:45 pm
Monday	CC-101 Prof. Surmeet Suden	CC-102 Dr. Nusrat Ara	CC-103 Dr. Mushtaq Ahmad
Tuesday	CC-104 Mr. Irfan Hussain	CC-101 Prof. Surmeet Suden	CC-102 Dr. Nusrat Ara
Wednesday	CC-103 Dr. Mushtaq Ahmad	CC-104 Mr. Irfan Hussain	CC-101 Prof. Surmeet Suden
Thursday	CC-102 Dr. Nusrat Ara	CC-103 Dr. Mushtaq Ahmad	CC-104 Mr. Irfan Hussain
Friday	CC-101 Prof. Surmeet Suden	CC-102 Dr. Nusrat Ara	Library
Saturday	CC-103 Dr. Mushtaq Ahmad	CC-104 Mr. Irfan Hussain	Library

Course Code	Subject Title	Name of the Faculty Member
CC-101	History & Principal of Physical Education	Prof. Surmeet Suden
CC-102	Anatomy & Physiology	Dr. Nusrat Ara
CC-103	Organization & administration in Physical Education	Dr. Mushtaq Ahmad
CC-104	Officiating & Coaching	Mr. Irfan Hussain

Dr. Showkat Hussain
(Principal)

Government of Jammu & Kashmir
Government College of Physical Education Gadoora Ganderbal, Kashmir-191131

Revised Time Table for Practical Classes for B. P. Ed Semester-I Session 2026

Day	06:00 pm to 06:10 pm	06:10 pm to 07:00 pm	1 st Period 07:00 am -07:45 am	2 nd Period 07:45 am -08:30 am	04:00 pm to 04:10 pm	1 st Period 04:10 pm -05:00 pm	2 nd Period 05:00 pm -05:50 pm
Monday	Assembly & Roll Call	Conditioning	Sprints Mr. Irshad Maqbool	Recreation Dr. Zubair Ahmad Bhat	Assembly & Roll Call	Volleyball Dr. Mushtaq Ahmad Dr. Nusrat Ali	Basket Ball Dr. Showkat Hussain Dr. Waseem Jan
Tuesday			do	do		do	do
Wednesday			do	do		do	do
Thursday			Drill Marching Prof. Rishi Kumar	Hurdles Dr. Ibrar Ul Haq		do	do
Friday			do	do		Intramural	
Saturday			do	do		Off	

Course Code	Subject Title	Name of the Faculty Member
PC-401 Proficiency in Games	Volleyball	Dr. Mushtaq Ahmad Dr. Nusrat Ali
	Basketball	Dr. Showkat Hussain Dr. Waseem Jan
PC-402 Proficiency in Athletics	Sprints	Mr. Irshad Maqbool
	Hurdles	Dr. Ibrar Ul Haq
PC-303 Proficiency in Indigenous Activities	Drill Marching	Prof. Rishi Kumar
	Recreation	Dr. Zubair Ahmad Bhat



Dr. Showkat Hussain
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Ph No.: 0194-2951795

Time Table for Theory Classes for B.P.Ed Semester-III Session 2026 w.e.f 16-02-2026

Day	1 st Period 10:30 am - 11:15 am	2 nd Period 11:15 am - 12:00 pm	3 rd Period 12:00 pm - 12:45 pm
Monday	CC-304 Mr. Irshad Maqbool	CC-301 Dr. Nusrat Ali	CC-303 Dr. Waseem Jan
Tuesday	CC-302 Dr. Ibrar Ul Haq	CC-304 Mr. Irshad Maqbool	CC-301 Dr. Nusrat Ali
Wednesday	CC-302 Dr. Ibrar Ul Haq	CC-303 Dr. Waseem Jan	CC-304 Mr. Irshad Maqbool
Thursday	CC-301 Dr. Nusrat Ali	CC-302 Dr. Ibrar Ul Haq	CC-303 Dr. Waseem Jan
Friday	CC-304 Mr. Irshad Maqbool	CC-301 Dr. Nusrat Ali	Library
Saturday	CC-302 Dr. Ibrar Ul Haq	CC-303 Dr. Waseem Jan	Library

Course Code	Subject Title	Name of the Faculty Member
CC-301	Camping & Recreation	Dr. Nusrat Ali
CC-302	Computer Applications in Physical Education	Dr. Ibrar Ul Haq
CC-303	Foundation of Physical Education	Dr. Waseem Jan
CC-304	Sports Medicine, Physiotherapy & Rehabilitation	Mr. Irshad Maqbool

Dr. Showket Hussain
(Principal)

Time Table for Practical Classes for B. P. Ed Semester-III Session 2026

Day	06:00 pm to 06:10 pm	06:10 pm to 07:00 pm	1 st Period 07:00 am to 07:45 am	2 nd Period 07:45am to 08:30 am	04:00 pm to 04:10 pm	1 st Period 04:10 am to 05:00 am	2 nd Period 5:00 am to 05:50 am
Monday	Assembly & Roll Call	Conditioning	Shot Put Dr. Mushtaq Ahmad Dr. Zubair Amin	Yoga Mr. Irfan Hussain	Assembly & Roll Call	Hand Ball Mr. Irshad Maqbool Dr. Zubair Ah Bhat	Kho-Kho Prof. Surmeet Sudan Dr. Ibrar Ul Haq
Tuesday			do	do		do	do
Wednesday			do	do		do	do
Thursday			Relays Dr. Waseem Jan	Dumbbells/Wands Prof. Surmeet Sudan Dr. Nusrat Ali		do	do
Friday			do	do		Intramural	
Saturday			do	do		Off	

Course Code	Subject Title	Name of the Faculty Member
PC-301 Proficiency in Games	Kho-Kho	Prof. Surmeet Sudan Dr. Ibrar Ul Haq
	Hand Ball	Mr. Irshad Maqbool Dr. Zubair Ah Bhat
PC-302 Proficiency in Athletics	Shot Put	Dr. Mushtaq Ahmad Dr. Zubair Amin
	Relays	Dr. Waseem Jan
PC-303 Proficiency in Indigenous Activities	Yoga	Mr. Irfan Hussain
	Dumbbells/Wands	Prof. Surmeet Sudan Dr. Nusrat Ali



Dr. Showkat Hussain
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Email: pcc@pece.jkpece.edu.in

Ph No.: 0194-2951795

Time Table for Theory Classes for M.P.Ed Semester-II Session 2026 w.e.f 16-02-2026

Day	1 st Period 10:30 am – 11:15 am	2 nd Period 11:15 am - 12:00 pm	3 rd Period 12:00 pm - 12:45 pm
Monday	PED20201CR Dr. Showkat Hussain	PED20204CR Prof. Rishi Kumar	PED20205DCE Dr. Zubair Ahmad Bhat
Tuesday	PED20406DCE Dr. Nusrat Ali	PED20201CR Dr. Showkat Hussain	PED20204CR Prof. Rishi Kumar
Wednesday	PED20205DCE Dr. Zubair Ahmad Bhat	PED20206DCE Dr. Nusrat Ali	PED20201CR Dr. Showkat Hussain
Thursday	PED20204CR Prof. Rishi Kumar	PED20205DCE Dr. Zubair Ahmad Bhat	PED20206DCE Dr. Nusrat Ali
Friday	PED20201CR Dr. Showkat Hussain	PED20204CR Prof. Rishi Kumar	Library
Saturday	PED20205DCE Dr. Zubair Ahmad Bhat	PED20206DCE Dr. Nusrat Ali	Library

Course Code	Subject Title	Name of the Faculty Member
PED20201CR	Measurement and Evaluation in Physical Education	Dr. Showkat Hussain
PED20204CR	Sports Biomechanics	Prof. Rishi Kumar
PED20205DCE	Statistics in Physical Education	Dr. Zubair Ahmad Bhat
PED20206DCE	Foundation of Physical Education	Dr. Nusrat Ali

Dr. Showkat Hussain
(Principal)

Time Table for Practical Classes for M. P. Ed Semester-II Session 2026

Day	06:00 pm to 06:10 pm	06:10 pm to 07:00 pm	07:10 am – 08:00 am	04:00 pm to 04:10 pm	04:10 pm – 05:10 pm
Monday	Assembly & Roll Call	Conditioning	Sprint Mr. Irshad Maqbool Malik	Assembly & Roll Call	Kho-kho Prof. Surmeet Suden Dr. Ibrar Ul Haq
Tuesday			do		do
Wednesday			do		Handball Mr. Irshad Maqbool Malik Dr. Zubair Ahmad Bhat
Thursday			Relay Dr. Waseem Jan		do
Friday			do		Intramural
Saturday			do		Off

Course Code	Subject Title	Name of the Faculty Member
PED20202CR Teaching & Proficiency in Games - II	Kho-kho	Prof. Surmeet Suden Dr. Ibrar Ul Haq
	Handball	Mr. Irshad Maqbool Malik Dr. Zubair Ahmad Bhat
PED20203CR Teaching & Proficiency in Athletics - II	Sprint	Mr. Irshad Maqbool Malik
	Relay	Dr. Waseem Jan



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Email: ptecope@cope.edu.in

Ph No.: 0194-2051795

Time Table for Theory Classes for M.P.Ed Semester-IV Session 2026 w.e.f 16-02-2026

Day	1 st Period 10:30 am - 11:15 am	2 nd Period 11:15 am - 12:00 pm	3 rd Period 12:00 pm - 12:45 pm
Monday	PED18405DCE Mr. Irfan Hussain	PED180404CR Dr. Ibrar Ul Haq	PED18401CR Dr. Nusrat Ara
Tuesday	PED20407DCE Dr. Zubair Amin	PED180404CR Dr. Ibrar Ul Haq	PED18405DCE Mr. Irfan Hussain
Wednesday	PED18401CR Dr. Nusrat Ara	PED20407DCE Dr. Zubair Amin	PED180404CR Dr. Ibrar Ul Haq
Thursday	PED18405DCE Mr. Irfan Hussain	PED20407DCE Dr. Zubair Amin	PED18401CR Dr. Nusrat Ara
Friday	PED18405DCE Mr. Irfan Hussain	PED180404CR Dr. Ibrar Ul Haq	Library
Saturday	PED18401CR Dr. Nusrat Ara	PED20407DCE Dr. Zubair Amin	Library

Course Code	Subject Title	Name of the Faculty Member
PED18401CR	Health Education	Dr. Nusrat Ara
PED180404CR	Sports Medicine, Athletic Care & Rehabilitation	Dr. Ibrar Ul Haq
PED18405DCE	Sports Sociology	Mr. Irfan Hussain
PED20407DCE	Inclusive Physical Education	Dr. Zubair Amin

Dr. Showkat Hussain
(Principal)

Time Table for Practical Classes for M. P. Ed Semester-IV Session 2026

Day	06:00 pm to 06:10 pm	06:10 pm to 07:00 pm	07:00 am -08:00 am	04:00 pm to 04:10 pm	04:10 pm -05:10 pm
Monday	Assembly & Roll Call	Conditioning	Shot Put Dr. Mushtaq Ahmed Dr. Zubair Amin	Assembly & Roll Call	Volleyball Dr. Mushtaq Ahmad Dr. Nusrat Ali
Tuesday			Do		Do
Wednesday			Do		Basketball Dr. Showkat Hussain Dr. Waseem Jan
Thursday			Hurdles/Long Distance Races Dr. Ibrar Ul Haq		Do
Friday			Do		Intramural
Saturday			Do		Off

Course Code	Subject Title	Name of the Faculty Member
PED18402CR Teaching & Proficiency in Games	Volleyball	Dr. Mushtaq Ahmad Dr. Nusrat Ali
	Basketball	Dr. Showkat Hussain Dr. Waseem Jan
PED18403CR Teaching & Proficiency in Athletics	Shot Put	Dr. Mushtaq Ahmed Dr. Zubair Amin
	Hurdles/Long Distance Races	Dr. Ibrar Ul Haq



Dr. Showkat Hussain
(Principal)